

# American Red Cross

## 2026 Water Safety Instructor Course Registration

Please print clearly:

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Your Phone: \_\_\_\_\_ Parent/Home Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Candidate must be 15 years of age on or before the final day of class.

Date of Birth: \_\_\_\_\_

This course will certify you as an American Red Cross Water Safety Instructor authorized to teach Learn-to-Swim and Basic Water Safety courses. See Page 2 for specific class dates, times and course information. Class 1 will be held at Heise Hot Springs.

Select a class:

☐ Class 1 – May 19 to May 30

Payment:

- ☐ Cash  
☐ Check  
☐ Venmo  
☐ Debit/Credit Card (+\$12.00)

**Course fee: \$290.00** **Inquire about free training for Heise Hot Springs employees.** The WSI Instructor kit is included in the fee and is required for reference in class. Payment must be made, at time of registration, by cash, check, Venmo, debit card or credit card. [\$12.00 processing fee if paying by debit or credit card.] **Make checks payable to “Owens Health and Safety, LLC.”** Credit card payments can be made in person or on the phone. 208-360-6491 Online payment is not available. Mail registration form and payment to Owens Health and Safety, LLC, 1385 Lowell Drive, Idaho Falls, ID 83402-5175. Candidates who do not successfully complete the pretest may receive a full refund.

**Registration and payment due for Class 1 by May 7 to allow time to order course materials from the Red Cross. This will also allow time to complete the online blended-learning prior to the first class.**

WSI candidate **MUST** attend all classes to receive a certification!

Email questions to: [classes@owenshs.com](mailto:classes@owenshs.com)

Class information available at [www.owenshs.com](http://www.owenshs.com)

**I understand I must attend all classes and I have read the drop policy.**

\_\_\_\_\_  
Candidate signature if 18 or older. Parent or guardian signature if under 18.

**Owens Health and Safety is an American Red Cross Licensed Training Provider**

**PRETEST:** Candidate must successfully demonstrate the following skills during the first class session to continue the course:

1. Swim the following strokes consistent with the Stroke Performance Charts, Level 4. (see WSI Prerequisites at [www.owenshs.com](http://www.owenshs.com)) Front crawl – 25 yards, Back crawl – 25 yards, Breaststroke – 25 yards, Elementary backstroke – 25 yards, Sidestroke – 25 yards and Butterfly – 15 yards.
2. Maintain position on back for 1 minute in deep water (floating or sculling).
3. Tread water for 1 minute.

**NOTE:** Maximum class size is 10 WSI candidates. Minimum class size is 4 WSI candidates.

WSI courses will be conducted using a combination of classroom, online and in-water training. This is an instructor level course. Candidate is expected to complete reading assignments and come to class with teaching assignments prepared. Written exam must be passed with a score of 80% or higher.

**Class 1 - Tuesday, Thursday, Saturday – May 19 to May 30 – Heise Hot Springs, Ririe, ID**

Course pretest Tuesday, May 19, at 6:00pm.

Training Tuesdays and Thursdays from 6:00pm to 9:30pm and Saturdays from 8:00am to 4:00pm.

**CLASS 1**

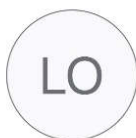
Class meets Monday, Wednesday and Friday, April 28 to May 16, from 6:00pm to 9:30pm at **Heise Hot Springs, 5116 E Heise Road, Ririe, ID 83443**. Pretest will be conducted during the first class session.

**Red Cross Cancellation/Drop Policy**

If the cancellation occurs:

- 6 to 12 days before the class start date, the drop fee is 25%
- 1 to 5 days before the class start date, the drop fee is 50%
- Class start date or any time after the class start date, the drop fee is 100%

If a student misses any class time, a makeup session will be scheduled with the instructor trainer at an additional cost of \$30.00 per hour. Minimum of one hour. Heise Hot Springs will not pay for additional training.



Laurence Owens

@Laurence-Owens-1



**venmo**

Scan this code to pay

2/11/2026